June 10, 2019

Muddy Boots Hike - Spruce Flats Falls

Hike Description: Here's a hike that is not found on the official Smoky Mountain park map, nor is it listed in most hiking books. The trailhead is conveniently located at the Tremont Institute, just inside the park past the Townsend "y". The short, but rugged hike features a rocky trail with up-and-down terrain until it descends to the falls. While challenging in spots, the hike is only 1 mile to the falls, with a return hike out the same way, resulting in a moderate rating. The beautiful falls, however, makes the hike well worth the effort, with moderately tall falls flowing into a beautiful pool, then cascading into a lower pool before continuing its journey to the Middle Prong of the Little River

Length of Hike: 1.9 miles

Rating: Moderate, with rocky steep terrain

Departure: 8:00 a.m. Chota Center parking lot, across from the gas station

Location/Distance/Drive Time: Near Townsend, approximately 50 miles, 1:15 hours

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