

March 11, 2019

Muddy Boots Hike – House Mountain Crest, Overlook & Mountain Trails

Hike Description: House Mountain is Knox County's highest peak. The loop consists of the Mountain Trail and the West Overlook Trail. The Mountain Trail curves across the southeastern side of House Mountain, climbing for 1 mile to its intersection with the Crest Trail. Along the Mountain Trail, you'll encounter a diverse and vibrant understory of plant life. In the morning, we'll likely be treated to a dramatic, thick fog rolling up from the valley into the Mountain Trail woods. The Crest Trail extends across the top of the mountain, 1.5 miles in total length, and offers a mountaintop experience unlike any available in Knox County. From its intersection with the Mountain Trail, hikers often take a left, stopping at the West End Overlook to look out over the hills and ridges of East Tennessee before turning down the West End Overlook Trail to loop back around to the first trail junction below. On a clear day, you can see the Smoky Mountains to the south, the Cumberland Mountains to the north, and you might even catch a glimpse of downtown Knoxville from the western overlook.

Length of Hike: 3.7 miles

Rating: Moderate

Departure: 8:00 a.m. Chota Center parking lot, across from the gas station

Location/Distance/Drive Time: Near Corryton, approximately 51 miles, 1:01 hours

Muddy Boots Coordinators:

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